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4                   UNITED STATES DISTRICT COURT  
5                   WESTERN DISTRICT OF WASHINGTON  
6                   AT TACOMA

7 STEVEN DARBY MCDONALD,

8                   Plaintiff,

9                   v.

10 JOHN DAVID KENNEY, G. STEVEN  
11 HAMMOND,

12                   Defendants.

CASE NO. C13-5647BHS/KLS

ORDER TO AMEND OR SHOW  
CAUSE

13 Before the Court for review is Plaintiff's complaint. ECF No. 8. The Court will not  
14 direct service of Plaintiff's complaint at this time because it is deficient, as is explained in further  
15 detail below.

**DISCUSSION**

16         Federal courts must engage in a preliminary screening of cases in which prisoners seek  
17 redress from a governmental entity or officer or employee of a governmental entity. 28 U.S.C. §  
18 1915A(a). The court must identify cognizable claims or dismiss the complaint, or any portion of  
19 the complaint, if the complaint "is frivolous, malicious, or fails to state a claim upon which relief  
20 may be granted," or "seeks monetary relief from a defendant who is immune from such relief."

21 *Id.* § 1915A(b). In order to avoid dismissal for failure to state a claim a complaint must contain  
22 more than "naked assertions," "labels and conclusions" or "a formulaic recitation of the elements  
23 of a cause of action." *Bell Atlantic Corp. v. Twombly*, 550 U.S. 544, 555–557, 127 S.Ct. 1955,  
24 167 L.Ed.2d 929 (2007).

1       The Court has reviewed Plaintiff's complaint and finds that it must be dismissed because  
2 it does not comply with Rule 8(a)(2) of the Federal Rules of Civil Procedure that "requires a  
3 complaint to include a short and plain statement of the claim showing that the pleader is entitled  
4 to relief, in order to give the defendant fair notice of what the claim is and the grounds upon  
5 which it rests." *Bell Atl. Corp. v. Twombly*, 550 U.S. 544, 554, 562–563, 127 S.Ct. 1955, 167  
6 L.Ed.2d 929 (2007) (*citing Conley v. Gibson*, 355 U.S. 41, 78 S.Ct. 99, 2 L.Ed.2d 80 (1957)).

7       Instead of submitting a "short and plain statement" of his claims, Plaintiff has filed a  
8 complaint that consists of forty-two single-spaced and handwritten pages and 46 pages of  
9 exhibits. Plaintiff names two Department of Corrections Medical Directors John David Kenney  
10 and G. Steven Hammond and alleges numerous violations relating to his medical care and  
11 retaliation relating to his maintenance of a website. In many instances, Plaintiff's allegations are  
12 confusing and he fails to allege facts from which it may be inferred that it is the named  
13 defendants who allegedly violated his constitutional rights. The Court cannot reasonably  
14 discharge its screening responsibility under § 1915A until Plaintiff complies with the pleading  
15 requirements set forth in Rule 8. Plaintiff also attaches numerous exhibits. As this case is only  
16 in the pleading stage, Plaintiff need not support his claims with evidence and the exhibits will be  
17 returned to him.

18       The Court will grant Plaintiff an opportunity to file an amended complaint so that he may  
19 attempt to cure his deficient complaint. Plaintiff is advised that in order to state a claim under 42  
20 U.S.C. § 1983, a complaint must establish "the violation of a right secured by the Constitution  
21 and the laws of the United States, and must show that the alleged deprivation was committed by  
22 a person acting under color of state law." *West v. Atkins*, 487 U.S. 42, 48 (1988). Section 1983  
23 does not provide a cause of action for violations of state law. *See Ove v. Gwinn*, 264 F.3d 817,  
24 824 (9th Cir. 2001).

1 Plaintiff must clarify whether he has any basis for pursuing a claim under § 1983. In the  
 2 amended complaint, Plaintiff must write out short, plain statements telling the Court (1) the  
 3 constitutional right Plaintiff believes was violated; (2) name of the person who violated the right;  
 4 (3) exactly what that individual did or failed to do; (4) how the action or inaction of that person  
 5 is connected to the violation of Plaintiff's constitutional rights; and (5) what specific injury  
 6 Plaintiff suffered because of that person's conduct. See *Rizzo v. Goode*, 423 U.S. 362, 371–72,  
 7 377, 96 S.Ct. 598, 46 L.Ed.2d 561 (1976). If the person named as a defendant was a supervisory  
 8 official, Plaintiff must either state that the defendant personally participated in the constitutional  
 9 deprivation (and tell the Court the five things listed above), or Plaintiff must state, if he can do so  
 10 in good faith, that the defendant was aware of the similar widespread abuses, but with deliberate  
 11 indifference to Plaintiff's constitutional rights, failed to take action to prevent further harm to  
 12 Plaintiff and also state facts to support this claim. See *Monell v. New York City Department of*  
 13 *Social Services*, 436 U.S. 658, 691, 98 S.Ct. 2018, 56 L.Ed.2d 611 (1978).

14 Plaintiff must repeat this process for each person he names as a defendant, including the  
 15 "John Doe" and "Jane Doe" defendants. If Plaintiff fails to affirmatively link the conduct of  
 16 each named defendant with the specific injury suffered by Plaintiff, the claim against that  
 17 defendant will be dismissed for failure to state a claim. Conclusory allegations that a defendant  
 18 or a group of defendants have violated a constitutional right are not acceptable and will be  
 19 dismissed.

20 In the following paragraphs, the legal standards that *may* apply to Plaintiff's numerous  
 21 and convoluted claims are set forth. Plaintiff should carefully review the standards and amend  
 22 only those claims that he believes, in good faith, are cognizable.

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1     **A. Eighth Amendment**

2         Plaintiff alleges that he has not received or was denied proper medical care because  
 3 Defendants John David Kenney and G. Steven Hammond (1) failed to provide visual diagnostic  
 4 testing on esophageal varices and colon adenomas (cancers) previously removed three years ago;  
 5 (2) failed to stop Plaintiff's chronic pain from advanced end-state liver disease or extend his  
 6 medications; (3) failed to refer Plaintiff to an orthopedic specialist and neurologist, provide  
 7 diagnostic testing or medication for Plaintiff's degenerative disc disease; and (4) failed to ensure  
 8 that his 5<sup>th</sup> carpal bone was properly set and evaluated by an orthopedic specialist.

9             To establish a constitutional violation under the Eighth Amendment due to inadequate or  
 10 denial of medical care, a plaintiff must show "deliberate indifference" by prison officials to a  
 11 "serious medical need." *Estelle v. Gamble*, 429 U.S. 97, 104, 97 S.Ct. 285, 50 L.Ed.2d 251  
 12 (1976). Deliberate indifference to a prisoner's medical needs is defined by the Court as the  
 13 "unnecessary and wanton infliction of pain." *Id.* Indifference proscribed by the Eighth  
 14 Amendment may be manifested by a prison doctor's response to the prisoner's need, by the  
 15 intentional denying or delaying access to medical care, or the intentional interference with  
 16 treatment once prescribed. *Id.* However, "[m]edical malpractice does not become a  
 17 constitutional violation merely because the victim is a prisoner." *Estelle*, 429 U.S. at 106.

18             If Plaintiff wishes to pursue this claim, he should write out short, plain statements as to  
 19 each alleged injury, stating (1) the name of the person who violated the right; (2) exactly what  
 20 that individual did or failed to do; (3) how the action or inaction of that person is connected to  
 21 the violation of Plaintiff's constitutional rights; and (4) what specific injury Plaintiff suffered  
 22 because of that person's conduct.

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1     **B. First Amendment – Retaliation**

2         Plaintiff alleges that “Defendants and their agents are retaliating” against him by not  
 3 providing him with needed medical care because he set up a website that exposes their “and  
 4 other DOC medical personnel’s wrongdoing.” ECF No. 8 at pp. 31.

5         Retaliation by a state actor for the exercise of a constitutional right is actionable under 42  
 6 U.S.C. § 1983. *Mt. Healthy City Bd. of Educ. v. Doyle*, 429 U.S. 274, 283–84, 97 S.Ct. 568, 50  
 7 L.Ed.2d 471 (1977). “Within the prison context, a viable claim of First Amendment retaliation  
 8 entails five basic elements: (1) An assertion that a state actor took some adverse action against a  
 9 prisoner (2) because of (3) that prisoner’s protected conduct, and that such action (4) chilled the  
 10 inmate’s exercise of his First Amendment rights, and (5) the action did not reasonably advance a  
 11 legitimate correctional goal.” *Rhodes v. Robinson*, 408 F.3d 559, 567–68 (9th Cir.2005). The  
 12 prisoner must prove all the elements of a viable retaliation claim, including “the absence of  
 13 legitimate correctional goals for the conduct of which he complains.” *Pratt v. Rowland*, 65 F.3d  
 14 802, 806 (9<sup>th</sup> Cir.1995). For purposes of any type of retaliation claim, a plaintiff must show a  
 15 causal connection between a defendant’s retaliatory animus and a subsequent injury. *Hartman v.*  
 16 *Moore*, 547 U.S. 250, 259, 126 S.Ct. 1695, 164 L.Ed.2d 441 (2006).

17         If Plaintiff wishes to pursue this claim, he must allege facts relating to all of the elements  
 18 set forth above.

19     **C. Grievances**

20         Plaintiff alleges that Carla Curl and Thomas Holthe failed to process his grievances. ECF  
 21 No. 8 at pp. 13-14. However, these individuals are not named as defendants. If Plaintiff wishes  
 22 to pursue a claim against these individuals, he must name them in the caption and in the body of  
 23 his amended complaint. He must state what these individuals did, when they did it, and how this  
 24 caused him harm.

1     **D. Deadline to Amend**

2         Due to the deficiencies described above, the Court will not serve the complaint. Plaintiff  
3 may show cause why his complaint should not be dismissed or may file an amended complaint  
4 **on or before September 27, 2013.** As explained above, the amended complaint must contain “a  
5 short and plain statement of the claim showing that [Plaintiff] is entitled to relief.” Fed.R.Civ.P.  
6 8(a)(2). The amended complaint shall be presented on the form provided by the Court and must  
7 be **legibly rewritten or retyped in its entirety.** The amended complaint should be an original  
8 and not a copy, it may not incorporate any part of the original complaint by reference, and it  
9 must be clearly labeled the “Amended Complaint” and must contain the same cause number as  
10 this case. Plaintiff should complete all sections of the Court’s form. Plaintiff may attach  
11 continuation pages as needed but may not attach a separate document that purports to be his  
12 amended complaint.

13             Because an amended complaint supersedes the original complaint, the amended  
14 complaint must be complete in itself without reference to the prior or superseded pleading. All  
15 causes of action alleged in the original complaint that are not alleged in an amended complaint  
16 are waived. *Forsyth v. Humana, Inc.*, 114 F.3d 1467, 1474 (9<sup>th</sup> Cir. 1997) *overruled in part on*  
17 *other grounds*, *Lacey v. Maricopa County*, 693 F.3d 896 (9<sup>th</sup> Cir. 2012).

18             The Court will screen the amended complaint to determine whether it contains factual  
19 allegations linking each defendant to the alleged violations of Plaintiff’s rights. If the amended  
20 complaint is not timely filed or fails to adequately address the issues raised herein, the Court will  
21 recommend dismissal of this action as frivolous pursuant to 28 U.S.C. § 1915 and the dismissal  
22 will count as a “strike” under 28 U.S.C. § 1915(g). Pursuant to 28 U.S.C. § 1915(g), enacted  
23 April 26, 1996, a prisoner who brings three or more civil actions or appeals which are dismissed  
24 on grounds they are legally frivolous, malicious, or fail to state a claim, will be precluded from

1 bringing any other civil action or appeal in forma pauperis "unless the prisoner is under  
2 imminent danger of serious physical injury." 28 U.S.C. § 1915(g).

3 **The Clerk is directed to send Plaintiff the appropriate forms for filing a 42 U.S.C.**  
4 **1983 civil rights complaint and for service, a copy of this Order and the General Order.**  
5 **The Clerk is further advised to return all exhibits to Plaintiff.**

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7 **DATED** this 19th day of August, 2013.

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10 Karen L. Strombom

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12 United States Magistrate Judge

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